Sauna Packages + Price Lists

$30 per ½ hr session
"One Week Skin Cleanse" for $99 (5 sessions). Anyone taking 5 sessions will notice younger, healthier looking skin.

"Two Week Skin Cure" $175 (4-5 sessions/wk X 2 weeks). Anyone with chronic Acne, Psoriasis, Eczema, Rosacea or other skin irritant will notice dramatic results in this 2 week session. We've had customers regularly reverse a lifetime of psoriasis in two weeks.

"One Month Weightloss" $299 (5 sessions/wk X 4 weeks = 20 sessions). Anyone who adheres to this will feel lighter even if they binge eat. If they're dieting or otherwise eat well, they will lose a couple of pounds and an inch or two off the waistline. Over the long term so many toxins are expunged that their thyroid starts to change the metabolic rate to require less fat, and actually "rebalances" their normal weight.

"Pain Free in Six Weeks" $399 (4-5 sessions/wk X 6 wks = 24-39 sessions). This name is based on the title of a book by Dr. Sherry Rogers about detoxification for pain management. Anyone with arthritis, fibromyalgia, old sports injuries, car injuries etc will benefit dramatically.

"Lifetime Detox" $599 (4-5 sessions per week for 6 months). We have proven that in 6 months of daily use you can expunge 80% of your lifetime burden of toxic buildup. It is ideal for people who are healthy and want to stay that way. Or anyone with a chronic nagging health condition (i.e. psoriasis, eczema, rosacea). This is also good for any woman trying to get pregnant (as a bonus let them bring the man in at no extra charge.) It detoxifies the body so that toxins are not carried on to the baby.

"Pre-Conception Optimization" $599 (4-5 sessions per week for 6 months). Naturopaths are now focusing on this for fertility, and health

babies. It is considered the only functional approach to stopping the autism spectrum disorder epidemic – reducing the in utero exposure to endocrince disrupting chemicals and heavy metals. This protocol can also be considered an **Age Reversal Protocol.**